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**MEMBERSHIP RENEWAL:** If your membership expires in 2014, that expiration is effective as of the end of April. You should have received a renewal notice in the mail or e-mail in January. You can return that form or visit <http://ww.us.mensa.org> to renew.



**ARCHIVED COPIES OF THE CHRONICLE** going back to 2000 are available on the web at <http://scm66.org>. You can download the latest e-mail version of the Chronicle there, as well as previous issues. All issues are in read-only Adobe Acrobat format. In addition, you can find copies of our group’s newsletters and other groups’ newsletters at <http://www.us.mensa.org/read/group-newsletters>.

## ***SCM Chapter Events – October 2014***

### ***Thursday, October 9, 7:00 pm Danbury Dinner***

**Southern Connecticut and Connecticut/Western Massachusetts Joint Dinner** at John's Best Pizza, Shop Rite Plaza, Federal Road, Danbury. Interested M's should contact **Ward Mazzucco** at 203-744-1929, ext 25, [wjm@danburylaw.com](mailto:wjm@danburylaw.com) or **Rev. Bill Loring** at 203-794-1389, [fr.bill@comcast.net](mailto:fr.bill@comcast.net) for more info on location and/or reservations.

### ***Saturday, October ?? (date to be announced) Games Night***

Email **Deb Jennings** at [locsec@rocketmail.com](mailto:locsec@rocketmail.com) for date/time, details and directions.

### ***Saturday, October 18, 6:30 pm Southern CT Mensa Monthly Dinner (free to members attending for first time)***

**Discussion: Reflections on World War I.** 2014 marks the centennial of the beginning of World War I. We will discuss questions such as:

- What caused World War I?
- Was it inevitable?
- What were the consequences?
- How did it affect man's philosophy and psychology?

**Location: The PUTNAM HOUSE Restaurant** 12 Depot Place, Bethel, CT 06801 (downtown - across from the old railroad station). There is parking in the rear of the restaurant and in the nearby Old Railroad Station lot. Dress is casual. Before the presentation, we will enjoy dinner. Contact **Jim Mizera** at [jmizera@hotmail.com](mailto:jmizera@hotmail.com), or text or call (203) 522-1959 for reservations or info. Reservations strongly encouraged but not required. **You can bring a donation of money or food to benefit the Connecticut Food Bank.**

## ***Looking Ahead***

### ***Saturday, November 15, 6:30 pm Southern CT Mensa Monthly Dinner***

**The PUTNAM HOUSE Restaurant.** Elizabeth DiSalvo, Principal, Registered Architect, Trillium Architects LLC, Ridgefield, CT, will speak on "Green Architecture." Ms. DiSalvo will talk about how we can make houses that are beautiful, healthy, and economical.

## CT & Western MA Mensa Chapter - Upcoming Events

This is not a complete listing. **WE** - Weekly Event, **ME** - Monthly Event, **YE** - Yearly Event

### Sunday, October 12, 12:30 pm

**Ethnic Dine-Around** (ME, floats) Repeat of a sell-out! This was one of our most popular dine-arounds ever with good reason. Join us at Sultan's Turkish Restaurant, 586 Plank Rd, Waterbury, CT for a true Turkish delight. The menu is relatively inexpensive and absolutely delightful. There is definitely something for everyone including a huge selection of vegetarian dishes. Just to tempt you the menu includes imam bayildi, guvec, tavec sote, a large selection of kebabs, yogurtlu shish, babaganush, levrek. And for dessert, you might try their awesome baklava or sutlac (rice pudding). You can Google each of these items, or see the entire menu at <http://sultansrestaurantct.com/menu.html>. RSVP to **Barb Holstein** at [Barbmf1@gmail.com](mailto:Barbmf1@gmail.com) or 860-632-7873 no later than Friday, Oct. 10th. Hope you can join us!

### Thursday, October 16, 6:30 pm

**Pioneer Valley Dinner** (ME, 3rd Thursday) Come celebrate Oktoberfest in style with the Pioneer Valley Third Thursday Social Dinner, as we enjoy authentic German food at the Munich Haus, 13 Center Street in Chicopee, Mass., at 6:30pm on October 16th. This fine dining establishment features numerous German beers available to wash down their delicious Schnitzels and Wursts. We had a great time here a couple of years ago, and look forward to repeating the experience. Email **Ian Fraser** ([mensanian@ianfraser.net](mailto:mensanian@ianfraser.net)) for more information, directions, or to RSVP (very much appreciated but not required). This is a perfect opportunity to see what a Mensa get-together is like if you've never been to one. New members and guests are encouraged to attend this always friendly and interesting event. We hope to see you there!

### Thursday, October 16, 6:30 pm

*(Note change of time and location for this month)*

**Saybrook Third Thursday** (ME, 3rd Thursday) S3T is not actually in Old Saybrook this month. Join us for dinner at Haywire Burger Bar, 730 Boston Post Road (Route 1) in Westbrook, for fancy burgers, craft beers and a fairly extensive beer list, plus tasty appetizers, salads, and entrees for the non-burger-eater. You can see the menu at [urbanspoon.com](http://urbanspoon.com). RSVPs to **Mike Milius** this time, please, at [miliuslondon@netzero.com](mailto:miliuslondon@netzero.com), so I can give them a seating number when I get there on Thursday night (they don't take reservations). Spouses and families are welcome as always. If you decide late to join us and haven't RSVP'ed. no worries; just get there and ask where the Mensa group is sitting, or look for the table with the little yellow scuba tank.

### Sunday, October, 19, 12:15 pm

**Indian Lunch & Movie** (ME, 3rd Sunday) Join us for a lunch buffet at Naatiya Indian Restaurant, followed by an authentic Bollywood movie at the theater next door! The restaurant is located at 8 Mountain Ave in Bloomfield, CT. Directions at their website <http://www.naatiyarestaurant.com>. The event is being arranged by our resident

Indian experts, **Jeet & Melissa Chattaraj**, [jeet78@hotmail.com](mailto:jeet78@hotmail.com), so let us know you can join us. The movie details would be sent later to those who RSVP.

### **Sunday, October 19, 3:00 pm**

**Case Mountain Hike** Fall, foliage, friends, and food -- what could be better? Case Mountain is especially beautiful in autumn. We'll do this hike in the afternoon, so we will arrive at the summit as the sun starts to go down and we can enjoy the view over Hartford. Let's coordinate tasty snacks and a couple bottles of white wine to enjoy at the summit while taking in the view. Sunset is around 6 so we should easily be back before dark. Continued hanging out on my patio afterwards while sun sets for those who are interested. **Location:** Meet at my house, 700 Spring Street in Manchester. Take I-384 East to exit 4; turn right off the exit; my house is immediately on your left. From I-384 West, take Exit 4, turn right off the exit, right again to go back over the highway; my house is first one on your left when you cross the highway. Please RSVP to **Rob Bernobich** (860) 432-8256 or [robert@numisology.com](mailto:robert@numisology.com)

### **Friday, October 24, 5:00 pm**

**Happy Hour** (BE, 4th Friday) at The Playwright, Hamden, <http://www.playwrightirishpub.com>. Come on down and join us this month, we'd love to see ya. Contact **Gail Trowbridge** 203-877-4472 or [gail\\_trowbridge@yahoo.com](mailto:gail_trowbridge@yahoo.com).

### **Sunday, October 26, 2:00 pm**

**The Wizard of Oz, a Musical for all ages.** A special musical performance staged in honor of the 75th anniversary of the book in 1939. You'll get to enjoy all of our favorite remembered music, including "Somewhere Over The Rainbow," perhaps the most famous song ever written for a film. Think "We're Off to See the Wizard!" This performance is brought to you by the newly formed Connecticut Theatre Company (see write up elsewhere in Media) and takes place at the historic Repertory Theatre of New Britain, 23 Norden St. Tickets are only \$20 and can be purchased either online at <http://www.connecticuttheatrecompany.org/season/buy-tickets>, or by calling the theatre directly at 860-233-3147. We usually have lunch first nearby. So do RSVP to let us know if you'd like to join us. RSVP to **Barb Holstein** at [Barbmft1@gmail.com](mailto:Barbmft1@gmail.com) or 860-632-7873.

## ***C&WM Regional Gathering: MensAutumn 2014***

We are pleased to announce that **Mensautumn 2014: "Welcome to the Renaissance"** will be held **October 3<sup>rd</sup> – 5<sup>th</sup>** at the **Quality Inn** in Mystic, CT. The registration form is available as a PDF, on the C&WM web site:

[http://www.cwm.us.mensa.org/rq-2014/RG\\_2014.pdf](http://www.cwm.us.mensa.org/rq-2014/RG_2014.pdf)

(See next page for MensAutumn schedule of events)

## **“Welcome To The Renaissance RG 2014”: MensAutumn Schedule of Events**

### **Friday 10/3:**

- 3:00 PM Hospitality Opens
- 5:00 PM Henna with Lauren Grover (not confirmed)
- 6:30 PM Dinner
- 8:00 PM Ron's Bar; Sewing Workshop with Gail Trowbridge
- 9:00 PM Ron's Bar; Joke Off
- 10:00 PM BDSM 101 with BOSS and NaughtyBaby
- 10:30 PM Late Night Dinner

### **Saturday 10/4:**

- 9:00 AM Mensa Admission Testing
- 10:00 AM Late Breakfast; The Ninja: Fact vs. Fantasy with Joe Liotta
- 11:00 AM (1.5hrs) The Maker Movement and Maker Spaces with Clark Jones
- 12:30 PM Lunch
- 1:00 PM Afternoon Trivia
- 2:00 PM Future of TV with Bob Smith
- 3:00 PM Resilience and Adaptation: How to move forward when your whole world seems to be falling apart with Corine Rossi
- 4:00 PM Social Media with Kelly Galanis
- 5:00 PM Journey To Scotland with Hilary Wiek
- 6:00 PM Dinner
- 7:00 PM John DeLeo
- 9:00 PM Ask the LocSec and a Cute Baby – you've got questions, I've got answers... and a cute baby
- 10:00 PM Sundae Bar
- 10:30 PM Late Night Trivia

### **Sunday 10/5**

- 10:00 AM Hospitality Opens; Sales Skills for Non-Salespeople
- 11:00 AM Hospitality Closes for Cleaning; Japanese Manga vs. American Comic Books with Joe Liotta
- 12:00 PM Sunday Trivia; Unofficial Group Trip to the Aquarium

## ***October is National Testing Month***

### **American Mensa is inviting intelligence!**

This October, candidates are invited to take the Official Mensa Admission Test for just \$20 (a 50% savings). Test takers must be 14 years or older and present a picture ID. Find a test session near you by visiting <http://us.mensa.org/testcalendar>. One in 50 people qualify. Why not you?

Testing in CT during October will be held at the Wilton Library on Saturday, October 18th, at 10:30 am.

To reserve a spot, or arrange for a test at another time, please contact Deb Jennings on [Testing@SCTMensa.com](mailto:Testing@SCTMensa.com). For testing in another region, contact a National membership representative at 888-294-8035 ext. 199.

## ***News From The Chapter President***

Greetings! As I mentioned last month, we've started our events again – I thought that chapter member (and excellent speaker) Jerry Brooker's presentation at the September dinner of his travels to Kosovo was interesting and informative, and I enjoyed playing Timeline and Shootin' Ladders, among others, at our games night at the Falcon game convention that was held in Stamford. The convention organizers had agreed to let us hand out cards to invite people to "take the test" – October is testing month, and there are discount promotions for testing, so spread the word.

As I mentioned last month, our neighboring chapter, Connecticut and Western Massachusetts, will be having their RG (regional gathering) in Mystic the weekend of October 3rd. Our chapter will help with the games room again at the RG, and chapter member Hilary Wiek will be contributing a talk on Scotland.

We'll be having a meeting for our chapter board members next week – on the agenda is looking at updating our bylaws to ensure they are current and in line with American Mensa's recommended minimum standard bylaws. They are the document that governs how the business of our chapter is done. We'll make them available when they're complete.

One of the things I would like to do is make sure we're providing you with the newsletter content and chapter event programming that you find valuable – if you have any thoughts on what we could do more of/less of/change, please drop me a note at [jcoprio@optonline.net](mailto:jcoprio@optonline.net).

Have a great month!

***Joan Coprio***  
***President, Southern Connecticut Mensa***

## ***Puzzles & Questions***

(Answers may be in next month's Chronicle newsletter)

1. **What car would Shakespeare drive if he were alive today?**
2. **What percentage of Connecticut's area is farmland?**
3. **How long does it take a professional painter to paint a scenic picture?**
4. **About what percentage of U.S. centenarians are female?**
5. **What was the most important invention of 2013?  
What was the most innovative?**
6. **What are the 5 U.S. cities with the largest area?**
7. **What are the most haunting melodies?**
8. **What animal has the longest term of pregnancy?**
9. **What are the easiest things people can do to cut their spending on energy?**
10. **By what percentage does water expand when it freezes?**
11. **How should computer users organize the information on their computers?**
12. **What is the average distance between train stations on the MetroNorth Railroads' New Haven to New York line (include all stations)?**
13. **Which professional basketball team had or has the fastest fast-break offense?**
14. **For the 2013 major league baseball season, what percentage of batted balls in play were ground balls? Fly balls? Line drives?**

## ***Answers to the July/August 2014 Chronicle Questions:***

### **2. What is the largest forest in Connecticut?**

**Answer:** Pauchaug State Forest is the largest forest in Connecticut, with an area of 110 sq. km. (27,000 acres). It is in New London County on the Rhode Island border, and covers parts of the towns of Voluntown, Griswold, Plainfield, Sterling, North Stonington, and Preston.

### **4. What is the longest continuous fence in the world?**

**Answer:** The Dingo or Dog Fence in southeast Australia is the longest fence in the world - 5,614 km. (3,488 mi.) It was built in the 1880s to keep the dingo, a free-ranging dog, out of pastures where sheep grazed.

### **6. Estimate the calories per pound or calories per liter for these common foods: oils, green vegetables, potatoes, corn, chicken, turkey, fish, whole wheat bread, white bread, eggs, beans, fruit, cheese, french fries.**

**Answer:** The approximate calories per pound and calories per liter for these foods is: oils (3.9/lb., 7.7/l.), green vegetables (100/lb., 200/l.), potatoes (350/lb., 600/l.), corn (350/lb., 600/l.), chicken (white meat - 900/lb., 1,600/l.), turkey (white meat - 900/lb., 1,600/l.), fish (800/lb., 1,400/l.), whole wheat bread (600/lb., 1,000/l.), white bread (1,300/lb., 1,500/l.), eggs (700/lb., 1,350/l.), beans (350/lb., 500/l.), fruits (250/lb., 300/l.), cheese (1,600/lb., 3,400/l.), and french fries (2,600/lb., 3,000/l.).

### **10. Who led major league baseball in 2013 in Bases per Plate Appearance (BPA)? What was the major league average for BPA in 2013?**

**Answer:** Bases Per Plate Appearance (BPA) = (Total Bases (TB) + Walks (a.k.a. Bases on Balls BB) + Hit Batsmen (a.k.a. hit by pitch HB) + Stolen Bases (SB) - Caught Stealing (CS) - Grounded into Double Play (GIDP)) / (At Bats (AB) + BB + HB + Sacrifice Flies (SF)). The numerator accounts for the all of the bases accumulated by his hitting player plus or minus a few other things that depend on his running.

In the 2013 season, Chris Davis of Baltimore led the major leagues with a BPA of .670. Miguel Cabrera was second with a BPA of .663, and Mike Trout was third with .649. .600 is considered to be outstanding by many analysts. These were the only 3 full-time big leaguers with BPAs over .600 last year. Back in 2000, a year in which batting performance was peaking, there were 30 players with BPAs over .600.

The major league average for BPA in 2013 was .440, which was down considerably from the peak of .481 in 2000.

## ***Word Check***

See if you can define these words that describe types of people.

1. ambivert -

2. confrere -

3. fanfaron -

4. fustilarian -

5. makebate -

6. poltroon -

7. philomath -

8. sook

(Answers are on the following page.)

## ***ANSWERS:***

1. **ambivert** - a person who is intermediate between an extrovert and an introvert or who exhibits features of both.
2. **confrere** - a colleague; a fellow member of a profession or fraternity.
3. **fanfaron** - (1) a braggart, an empty boaster. (2) a noisy , ostentatious parade; fanfare.a word having only two letters.
4. **fustilarian** - (1) a scoundrel. (2) A fat and slovenly person.
5. **makebate** - a person who causes quarrels.
6. **poltroon** - a wretched coward; a craven person.
7. **philomath** - a person who loves learning.
8. **sook** - a timid or cowardly person; a crybaby.

## *Synonym Sense*

See if you can come up with at least three synonyms or near synonyms for each word. Then see if you can identify some antonyms.

**1. beautiful –**

**2. cultivate –**

**3. derelict (adjective) –**

**4. menacing –**

**5. nosy –**

(Answers are on the following page.)

## **Synonym Sense – Some Answers:**

### **1. beautiful**

Synonyms: lovely, attractive, beauteous, comely, elegant, radiant, gorgeous, bonny, stunning, flawless, pulchritudinous, fair, pretty.

Antonyms: ugly, unattractive, homely, plain, ordinary, dumpy, deformed, disgusting, disformed, grotesque, gruesome, repulsive, horrid, horrible, ghastly, frightful, unlovely, unsightful, loathsome, hideous, squalid.

### **2. cultivate**

Synonyms: advance, develop, build, nurture, improve, encourage, foster, refine, pursue, court, instill, inculcate, farm, till.

Antonyms: hinder, block, discourage, depress, deter, impair, undermine, subvert, destroy, erode, ignore, neglect, overlook, desert, abandon.

### **3. derelict (adjective)**

Synonyms: irresponsible, negligent, neglectful, lax, unreliable, undependable, untrustworthy, remiss, forsaken, delinquent, abandoned, deserted.

Antonyms: responsible, reliable, dutiful, trustworthy, caring, mindful.

### **4. menacing**

Synonyms: threatening, dangerous, intimidating, frightening, bullying.

Antonyms: friendly, protective, sheltering, shielding, benign, meek.

### **5. nosy**

Synonyms: snooping, snoop, prying, intrusive, inquisitive, meddling.

Antonyms: unaware, unconcerned, oblivious, incurious, uninterested, uncaring.

## ***MENSA Mind Games 2015***

**Mind Games® 2015** will be held at the **Town and Country Resort & Conference Center**, 500 Hotel Circle North, San Diego, Calif. 92108

Located on the edge of Mission Valley, the Town and Country Resort is conveniently situated near both the light rail and Old Town trollies and just a short drive from San Diego International. Family-owned and renowned for their friendly service and hospitality, the resort boasts four on-site restaurants, lively lounges and a full-service fitness center.

Easily reserve your room online, or call 888/231-4352 and ask for the Mensa Mind Games room rate of \$115 S/D, \$125 T, or \$135 Q. You'll want to request the Regency Tower, which is closest to the Regency Ballroom where MindGames will be held. This room rate will be available for your stay April 28-May 6, 2015. Mind Games room blocks fill fast, so make your reservations today! (For hotel assistance, please contact the event's hotel liaison.)

**More information:**

<http://www.mindgames.us.mensa.org>

**Town & Country Resort & Conference Center:**

<http://www.towncountry.com>

## *Noted & Quoted*

**Columbus dreamed of an unknown shore at the rim of a far flung sky.**

- *Edgar Albert Guest, (1881 - 1959), Anglo-American poet*

**If Columbus had an advisory committee he would probably still be at the dock.**

- *Justice Arthur Goldberg, (1908 - 1990), U.S. Supreme Court Justice, diplomat to U.N.*

**The man who has experienced shipwreck shudders even at a calm sea.**

- *Ovid, (43 B.C.E. - 17/18 A.D. ), Roman poet*

**The invention of the ship was also the invention of the shipwreck.**

- *Paul Virilio, (1932 - ), French cultural theorist*

**You must not blame me if I do talk to the clouds.**

- *Henry David Thoreau, (1817 - 1862)*

**The sky is filled with stars, invisible by day.**

- *Henry Wadsworth Longfellow, (1807 - 1882), U.S. poet*

**Do not blame God for having created the tiger, but thank him for not having given it wings.**

- *Ethiopian Proverb*

**Each bird loves to hear himself sing.**

- *Arapaho Proverb*

**Walking is man's best medicine.**

- *Hippocrates, (c. 460 - 370 B.C.E.)*

**He is short-sighted who looks only on the path he treads and the wall on which he leans.**

- *Kahlil Gibran, (1883 - 1931), Lebanese-American artist, poet*

**Realism is a bad word. In a sense everything is realistic. I see no line between the imaginary and the real.**

- *Federico Fellini, (1920 - 1993), Italian screenwriter, director*

**The real world is much smaller than the imaginary.**

- *Friedrich Nietzsche, (1844 - 1900)*

**I call people rich when they're able to meet the requirements of their imagination.**

- *Henry James, (1843 - 1916), U.S. novelist, literary critic, *The Portrait of a Lady* (1881)*

**The present is theirs; the future, for which I really worked, is mine.**

- *Nikola Tesla, (1856 - 1943), Serbian physicist, electrical engineer, inventor*

**I ought to be jealous of the tower. She is more famous than I am.**

- *Gustav Eiffel, (1832 - 1923), French civil engineer and architect*

**When we leave the play saying how spectacular the sets or costumes were, or how interesting the ideas, it means we had a bad time.**

- *David Mamet, (1947 - ), U.S. playwright, screenwriter, essayist*

**Inspiration and genius - one and the same.**

- *Victor Hugo, (1802 - 1885)*

**Better beware of notions like genius and inspiration; they are a sort of magic wand and should be used sparingly by anybody who wants to see things clearly.**

- *Jose Ortega y Gasset, (1883 - 1955), Spanish philosopher*

**Sometimes I think that it's idiotic to have the ambition of being a more-or-less mediocre maker of phrases. But that is my destiny.**

- *Jorge Luis Borges, (1899 – 1986), Argentine novelist, poet, essayist, critic*

**Perhaps chaos is a name we give to an order that as yet we do not understand.**

- *John G. Stoessinger, (1927 - ), Austrian-American political scientist, *Why Nations Go to War, St. (1998)**

**When Columbus started out he didn't know where he was going. When he got there he didn't know where he was and when he got back he didn't know where he had been.**

- *Anonymous*

**If Columbus had turned back, no one would have blamed him. No one would have remembered him either.**

- *Anonymous*

**One day with life and heart, is more than time enough to find a world.**

- *James Russell Lowell, (1819 - 1891), U.S. poet, editor, critic, diplomat, *Columbus (1844)**

## ***Southern Connecticut Mensa – Treasury Report***

***Fiscal Year: April 1, 2013 - March 31, 2014***

<b>Cash balance at April 1, 2013</b>	<b><u>\$11,753.08</u></b>
<b>Revenue – April 1, 2013 through March 31, 2014:</b>	3,180.47
Dues & Testing Income from Mensa	50.00
<b>Total Revenue</b>	<b><u>\$3,230.47</u></b>
<b>Expenses April 1, 2013 – March 31, 2014:</b>	
Newsletter (incl. postage, printing, etc.)	1,192.13
Testing	563.07
Events (games, dues, fees)	801.48
Supplies	100.00
Other: Domain name	180.30
<b>Total Expenses</b>	<b><u>\$2,836.98</u></b>
<b><u>Total Cash, March 2014</u></b>	<b><u>\$12,146.57</u></b>
<b><u>Balance per Bank Statement</u></b>	<b><u>\$12,789.81</u></b>
Less Outstanding Checks	643.24
<b>Adjusted Cash, March 2014</b>	<b><u>\$12,146.57</u></b>

## *Announcements & Notices*

### *Larsen Toy Labs*

(Westport, CT) at <http://larsentoylab.com> to see educational and creative gifts.

You can get a 25% discount when you make a donation of blocks to a nursery, or elementary school, or a children's charity.

For ideas, go to <http://www.Adoptaclassroom.org>  
or: <http://www.schooldigger.com/go/CT/schoolrank.aspx>.

Then use code **DONATE25** at the Larsen Toy Labs checkout to get your 25% discount.



### *Local Boy Makes Good*

Southern Connecticut Mensa member **Donald Bobowick** has been issued a United States Patent. The patent is for a vertical axis wind turbine design.

Vertical axis wind turbines have some advantages over the horizontal axis style we see most often. A few of those advantages are:

- Vertical axis wind turbines are bird friendly;
- Respond to lower wind speeds;
- Have the torsional benefits of a long drive shaft;
- The generator or pump they are powering can be placed at ground level for easy servicing.

The one major disadvantage to vertical axis wind turbines is that they move in the wrong direction (into the wind) for half their rotation. This newly patented design handles this disadvantage.

While scalable to large installations, this wind turbine will be ideal for homes, farms and small businesses.



### *Check out the Holistic Kidney website online:*

<http://www.holistic-kidney.com/articles.html>

My first article is an interview with the author of "How I Avoided Dialysis and You Can Too!"

**Dr. Jenna Henderson**

**Holistic Kidney - A Safe, Natural Approach for all stages of Kidney Disease**

## ***Waiting for the Red Cow. What Will Happen When the Red Cow Comes to Jerusalem?***

**by Gerard Brooker**

**Waiting for the Red Cow** is the last in the trilogy about Tyszka and Sarah. We watched them survive Auschwitz and fall in love in *The Illustrator*, move to Palestine to help found Israel in *Oh, Israel, My Heart Yearns for Thee*. And now, in *Waiting for the Red Cow*, we follow them on the most perilous of all their journeys, from the statehood of Israel through the many Israeli-Palestinian conflicts.

Available in paper or e-book format at <https://www.tatepublishing.com/bookstore>, [www.barnesandnoble.com](http://www.barnesandnoble.com), or [www.amazon.com](http://www.amazon.com).



## ***Ben Behind His Voices***

### ***One Family's Journey from the Chaos of Schizophrenia to Hope***

**by Randy Kaye**

The gripping story of one family's experience when its firstborn, a brilliant young man named Ben, is gradually struck down by schizophrenia – and the lessons that help the family participate lovingly in Ben's eventual steps to recovery. Rowman & Littlefield, Publishers.

<http://books.randyekaye.com/writing.php> or <http://www.amazon.com>.



## ***The Baby Bomber Chronicles***

**by Bob Liftig**

Here are the secrets about the 1960's no one ever told you. This is what happened when the "perfect" Baby Boom generation and the "best country in the world" lost all self control and began to hate each other. Sex! Drugs! Rock and Roll! Hippies and American heroes! What was it like to be an "average" guy or girl caught in the middle of this free for all? You'll laugh the bells off your vintage bell bottoms! Then ask Mom or Dad (or grandpa) what they were doing.

Available now from Author House – <http://authorhouse.com> – (888) 280 7715.

Order this title through your local book-seller or preferred on-line retailer.  
978-1-4389-0897-7 (SCISBN)



## ***Bridgeport – Tales from the Park City***

**by Eric Lehman**

Paperback available at <http://www.historypress.net> or <http://www.amazon.com>.

**Supplement to Connecticut Rocks!****By Paul Bezanker****HIGHLIGHTS:**

- Over 350 new entries for Connecticut artists and Connecticut-based labels from 1946 to 1995 & beyond!
- Over 380 updated discographies and biographies from “Connecticut Rocks!”
- Forewords by Nay Nassar, Cliff Edwards, Country Paul Payton, Robb Warner
- Up-to-date Price Guide of Connecticut Records Worth \$25 & Over!
- Record Dating Guide for “CCS” Record Numbers
- How to Date RITE Pressings
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**“Supplement to Connecticut Rocks!”**

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**“Connecticut Rocks!”**

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