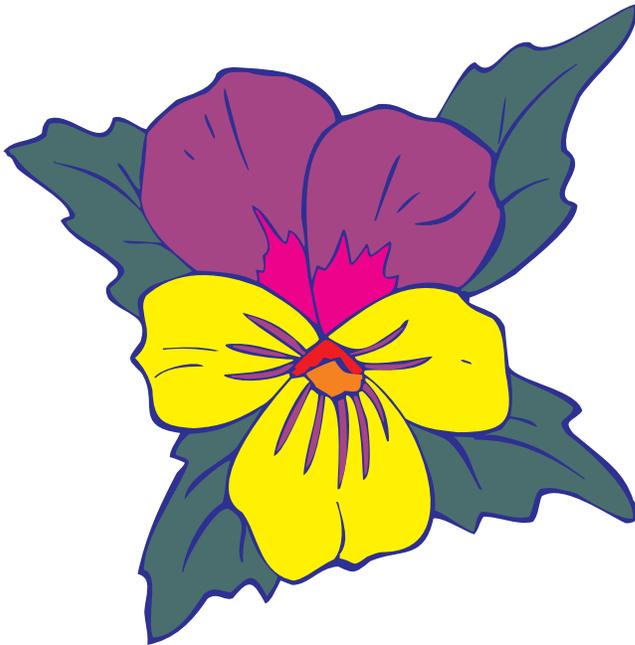


# *SOUTHERN CONNECTICUT MENSA CHRONICLE*



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**MEMBERSHIP RENEWAL:** If your membership expires in 2014, that expiration is effective as of the end of April. You should have received a renewal notice in the mail or e-mail in January. You can return that form or visit [www.us.mensa.org](http://www.us.mensa.org) to renew.

If you or someone you know would like to be a speaker at our monthly dinner, please contact Jim Mizera at 203-522-1959 or [Jmizera@hotmail.com](mailto:Jmizera@hotmail.com). The dinner is held the third Saturday of the month.



## ***ARCHIVED COPIES OF THE CHRONICLE***

going back to 2000 are available on the Internet at <http://scm66.org>. You can download the latest e-mail version of the Chronicle there, as well as previous issues.

**SCM CHAPTER EVENTS - MARCH**

Friday, March 14, 7:00 pm

**Danbury Dinner - Southern Connecticut and Connecticut/Western Massachusetts Joint Dinner**

at John's Best Pizza, Shop Rite Plaza, Federal Road, Danbury. Interested M's should contact Ward Mazzucco at 203-744-1929, ext 25, [wjm@danburylaw.com](mailto:wjm@danburylaw.com) or Rev. Bill Loring at 203-794-1389, [fr.bill@comcast.net](mailto:fr.bill@comcast.net) for info on location and/or reservations.

Saturday, March 15, 4:00 - 10:00 pm

**Games Outing**

For our monthly games event, we decided at last month's event to try something different: a trip to ConnCon ([ConnCon.com](http://ConnCon.com)) on Saturday, March 15 in Stamford. There's more information on the site, but feel free to email me with any questions or to meet up with the group ([loc-sec@rocketmail.com](mailto:loc-sec@rocketmail.com)).

Saturday, March 15, 6:30

**Monthly Dinner**

The PUTNAM HOUSE Restaurant, 12 Depot Place, Bethel, CT 06801 (downtown - across from old railroad station). Topic: "Techno-Shock." Has the technological progress of the last 20 - 50 years overwhelmed you, underwhelmed you, or simply confused you? How has it changed daily life? Has it simplified it or complicated it? Are we suffering from techno-lag? Will the future shock us? Dress is casual. Before the presentation, we will enjoy dinner. There is parking in the rear of the restaurant and in the nearby Old Railroad Station lot. Contact Jim Mizera at [jmizera@hotmail.com](mailto:jmizera@hotmail.com) or text or call (203) 522-1959 for reservations or info. Reservations strongly encouraged but not required. You can bring a

donation of money or food to benefit the Connecticut Food Bank.

Tuesday, March 25, 7:00

**Post Road Dinner**

Panera Bread, 1860 Post Road East, Westport, CT 06880. Reservations or info: Jim Mizera at [jmizera@hotmail.com](mailto:jmizera@hotmail.com) or (203) 522-1959.

**CONNECTICUT AND WESTERN MASSACHUSETTS CHAPTER EVENTS**

This is not a complete listing WE - Weekly Event, ME - Monthly Event, YE - Yearly Event

**MARCH**

6, 13, 20, 27 Thursdays 6:30 pm

**Scrabble**

The word-loving Mensans (are there any other kind?) and non-Mensans gather to play Scrabble at Panera Bread Restaurant at Bishop's Corner, 2542 Albany Ave., West Hartford. For more info contact Lois Cappellano 413-567-4702

7 Friday 5:30 pm

**Happy Hour in Wallingford**

(ME, 1st Fridays) Ann Polanski (contact her at 203-269-4565 or cell 860-817-9910 or [ann.polanski@comcast.net](mailto:ann.polanski@comcast.net)) at The Old Dublin, 171 Quinnipiac Street, Wallingford, CT 06492, 203-949-8022, [www.theolddublin.com](http://www.theolddublin.com)

From Route 15: Take exit 64 toward Wallingford/ Downtown, Sharp right at Quinnipiac Street, At 0.3 miles turn left to stay on Quinnipiac Street. The Old Dublin will be on the left about 0.3 miles from where you turned left.

From I-91: Take I-91 to exit 13 Turn right at end of exit onto South Colony Road. At about 0.2 miles, turn left onto Quinnipiac Street (Wallingford center, just before the gazebo). The Old Dublin will be on your right within about two blocks.

12 Wednesday 5:30 pm

**Shoreline Happy Hour**

(ME, 2nd Wednesday) at Donovan's Reef 1212 Main Street, Branford Conn. 06405. The

Admitted in CT, NY &amp; OR

**Sharon Oberst DeFala, Esq.**  
GENERAL PRACTICE OF LAW

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**Gary Oberst**  
A Professional Corporation  
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Office (203) 866-4646  
Home (203) 852-9571  
Fax (203) 852-1574  
[sharon@oberstlaw.com](mailto:sharon@oberstlaw.com)

Donovan's Reef [www.donovans-reef.com](http://www.donovans-reef.com) web site has a small map, and here are some directions with distances - from I-95 take exit 54/ Cedar Street. Go south on Cedar Street crossing Rt. 1/Boston Post Road for about 0.5 mi. to Rose Street. Take a left on Rose and go 0.25 mi. to a driveway on the right where you will enter the parking lot for a number of businesses in a complex known as Lockworks Square. Drive part way through the lot and look for Donovan's Reef on the left. Locals can also enter Lockworks Square from the Ivy Street side just off of Main Street. The lounge is on the left inside. I usually have a table reservation and will likely have an "M" sign visible. We start around 5:30. There are free daily bar goodies along with any items that you may want to order from the comprehensive menu. Donovan's phone number is 203-488-5573. We have a great time talking about anything and everything. Hope to see you there! Questions? Contact Mike Wilson at 203-481-2858 or [MahoutMike@aol.com](mailto:MahoutMike@aol.com)

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20 Thursday 6:30 pm

***Pioneer Valley Dinner, West Springfield, MA***  
(ME, 3rd Thursday) Email Ian Fraser ([ianfraser@usa.net](mailto:ianfraser@usa.net)) for more information, directions, or to RSVP. As always, new members and guests are encouraged to attend this always friendly and interesting event. We hope to see you there!

28 Friday 5:00 pm

***Fourth Friday Happy Hour***

Happy Hour (ME, 4th Friday) at The Playwright in Hamden, <http://www.playwrightirishpub.com>  
Come on down and join us this month, we'd love to see ya. Contact Gail Trowbridge 203-877-4472 or [gail\\_trowbridge@yahoo.com](mailto:gail_trowbridge@yahoo.com)

***REGIONAL GATHERINGS***

May 16-18, 2014

***Metropolitan Washington Mensa Regional Gathering (RG)***

Herndon, VA near Dulles International Airport.  
Come to Villainous Virginia May 16-18 for a great time at the Metropolitan Washington Mensa Regional Gathering! We have viciously good programs and vibrantly tasty Hospitality offerings! Visit our blog at [villainousedition.wordpress.com](http://villainousedition.wordpress.com) to register, learn more about our great location, programs, games, youth track, and more! Rates are \$80 January 1 – April 30, 2014; \$85 thereafter and walk-in; \$55 youth (under 18 years old); \$20 Saturday Dinner; Day rates online!

Web: <http://villainousedition.wordpress.com/>  
Facebook: [www.facebook.com/VillainousEdition](http://www.facebook.com/VillainousEdition)  
Twitter: <https://twitter.com/MWM2014RG>

## FROM THE LOCSEC

It's March in Region 1 and that means it's time for several RGs. During the first weekend in March, Snowball -- one of the longest running RGs -- takes place in Iselin, NJ. It's close enough that some members will come just for the day on Saturday to listen to some speakers, meet some other members, and perhaps enjoy a game or three. Presentations this year will include "Investing in Emerging Technologies" to help separate the hype from reality, a Spelling Bee, DIY Filmmaking, a slide show about the Hidden Valleys of Pakistan, and Monster Trivia. There will also be presentations on how to play a few games and the opportunity to join in the play. The Greater NY RG follows on at the end of the month, and will be held in White Plains.

For our monthly games event, we decided at last month's event to try something different: a trip to ConnCon (ConnCon.com) on Saturday, March 15 in Stamford. There's more information on the site, but feel free to email me with any questions or to meet up with the group (locsec@rocketmail.com).

We are continuing to have a lot of interest in Mensa Admission Testing, and as a consequence, new members. Testing dates can always be found on the Mensa testing calendar on the American Mensa site under 'join'. Our next test date is Saturday, March 22, in Wilton -- in case you know anybody who might be interested. An interesting footnote is that we have now had two spouses who took the test to 'show that they did not happen to be good at test taking', and both qualified. Getting to opportunity to take a standardized assessment for only \$40 is good value, and the results are reported only to the candidate and no one else locally.

Finally, our next Executive Committee meeting -- the meeting of volunteers who work locally on your behalf -- is Friday, March 7th in Westport. If you have input you would like represented, or are interested in getting involved, please let me know.

**Have a Great Month!**  
Deb Jennings

**PUZZLES & QUESTIONS** (Answers may be in next month's Chronicle.)

1. How have nutritional advice and dietary guidelines changed in the last 50 years?
2. What town/municipality in Connecticut has the smallest area?
3. Name some periods of cold war in history.
4. About how much meat in weight does the average person in the U.S. eat in a year?
5. How long does it take to read a 300-page novel? A 300-page non-fiction book?
6. What was the distance between the ancient Greek city states of Sparta and Athens?
7. Why are there business cycles?
8. What are the six ranges of the human voice by which singers are categorized?
9. How many acts should there be in a variety show?
10. What is the meaning of the state name "Connecticut" in the Mohican Quinnehtukqut language?
11. If a vacationer is to travel the world in 80 days, how much time should he spend in each region and in each country?
12. What is the approximate average word length in characters of English words in a commonly used dictionary? What is the average word length in the Greek, French, Russian, Spanish, Ukranian, and Croatian languages?
13. How can the Winter Olympics and the Summer Olympics be improved?
14. What city has hosted the most Super Bowls?

**PUZZLES & QUESTIONS ANSWERS TO LAST MONTH'S PUZZLES:**

2. How many towns (municipalities) are there in New England? (Connecticut has 169).  
A: New England has a total of 1,527 municipalities. Connecticut has 169 municipalities - 149 towns and 20 cities and boroughs. Rhode Island has 39 incorporated municipalities - 31 towns and 8 cities. Massachusetts has 351 municipalities - 39 to 53 of them could be classified as cities (42 title themselves as cities). New Hampshire has 234 municipalities - 13 are cities. It also has some unincorporated areas in its northern part. Vermont has 246 municipalities, including 9 cities. It also has unincorporated areas, but fewer than 100 Vermonters live in these places. Maine has 488 municipalities - 430 towns, 24 cities, and 34 plantations. Plantations are like towns except they are too small (fewer than about 300 residents) to have full town services. There are also large unincorporated areas in Maine, but they are sparsely populated, holding about 1.3% of the state's population.
4. About what percentage of U.S. costs for electricity are for lighting?  
A: The U.S. Energy Information Administration (EIA) estimates that in 2011 lighting accounted for about 12% of the total electricity that the U.S. consumed.
6. What are the 12 animals in the Chinese zodiac used to designate years in the 12-year Chinese calendar cycle?  
A: The 12 animals are: dragon, snake, horse, sheep, monkey, rooster, dog, pig, rat, ox, tiger, and rabbit.

8. Name the writer or composer of each of these classic American songs: "America the Beautiful", "Yellow Rose of Texas", "Oh! Susannah", "Camptown Races" (or "Gwine to Run All Night"), "When Johnny Comes Marching Home Again", "I've Been Working on the Railroad", "Shenandoah", "Little Brown Jug", and "Skip to My Lou".

A: "America the Beautiful" - Katherine Lee Bates, an English professor at Wellesley College in Massachusetts, wrote this as a poem. It was first published in 1895. Then an unknown person put the words of this poem to the melody of the song "Materna", a popular song written in 1895 by Samuel Augustus Ward.

"Yellow Rose of Texas" - this was written in 1853 by an unknown writer with the initials "J.K." "Oh! Susannah" was written by the great American composer Stephen Foster in 1848 (He was paid \$100 for it). Foster also wrote "Camptown Races" (originally titled "Gwine to Run All Night") in 1850. It was first sung by a group called the Christy Minstrels.

"When Johnny Comes Marching Home Again" - Patrick S. Gilmore, a bandmaster in the Union Army, wrote this song in 1863 under his pen name of Louis Lambert.

"I've Been Working on the Railroad" - the writer of this song is unknown. The tune originated in "The Levee Song", which may have been first sung in the 1730s by French settlers in Louisiana, or later by slaves in the South building dikes and levees along rivers. In the second half of the 19th century, railroad workers took the tune and changed the words and title. No one knows who wrote the new lyrics, but the new song was copyrighted in 1881.

"Shenandoah" - the author of this song is also unknown. It first became known as a song sung by riverboat sailors on the Mississippi

and Missouri Rivers, who sang it in rhythm as they raised the huge anchors of boats.

"Little Brown Jug" - Joseph Winner wrote this song in 1869 under the pen name R.A. Eastburn. Glen Miller recorded the best known version of it in 1939.

"Skip to My Lou" - an unknown composer wrote this song about 1832, and it became popular on the frontier and in the South.

10. When and where was the first St. Patrick's Day parade held?

A: Although Ireland has celebrated St. Patrick's Day (March 17th) since the ninth or tenth century, the first St. Patrick's Day parade was not held until March 17, 1762, in New York City. Irish soldiers serving in the English army marched in the parade. The first official New York City St. Patrick's Day parade was held in 1848. The New York parade now has about 150,000 marchers and 3 million spectators over its 1.5-mile course.

12. Estimate these regular season statistics for the just completed 2013 season in the NFL (National Football League): points scored per game per team, passing yards per game per team, and rushing yards per game per team. Estimate the same stats for the 2003 season.

A: In the 2013 NFL regular season, teams scored an average of 23.4 points per game, passed for 235.6 yards per game, and rushed for 112.85 yards per game. In the 2003 season, teams averaged 20.83 points a game, passed for 200.44 yards a game, and rushed for 117.85 yards a game.

## WORD CHECK

See if you can define these words from agriculture, ranching, horticulture and forestry.

1. deciduous -
2. grist -
3. heifer -
4. humus -
5. legume -
6. offal -
7. pinto -
8. pith -
9. rhizome -
10. roan -
11. shock -
12. sow (verb) -
13. stallion -
14. thresh -
15. xylem -

## SYNONYM SENSE

See if you can come up with at least three synonyms or near synonyms for each word. Then see if you can give some antonyms.

1. colorful -
2. dry -
3. expert (adjective) -
4. forgive -
5. frequent -
6. spacious -
7. suave -
8. sublime -

ANSWERS ON NEXT PAGE

**WORD CHECK ANSWERS:**

1. deciduous - (of a tree) shedding its leaves annually, usually in the fall.
2. grist - grain to be ground.
3. heifer - a young cow that has not yet given birth to a calf.
4. humus - sticky, brown part of the soil that comes from dead plants and animals and contains many nutrients.
5. legume - any plant such as peas or beans that grows seeds in a pod.
6. offal - the inedible parts of a butchered animal that are removed in dressing it.
7. pinto - a mottled or spotted horse.
8. pith - the central tissue in stems and roots of some plants.
9. rhizome - a horizontal, underground stem that usually produces roots below ground and shoots above ground.
10. roan - a dark-colored horse with white sprinkles.
11. shock - a pile of grain that is set up like a cone.
12. sow - to scatter or plant seed.
13. stallion - a male horse.
14. thresh - to beat out a grain or seed from a stalk by treading, rubbing or striking with a flail, or with a machine.
15. xylem - plant tissue that conducts water and nutrients from the roots up through the plant.

**SYNONYM SENSE ANSWERS:**

1. colorful - colored, bright, brilliant, vivid, florid, glowing, polychromatic, prismatic, lively, rich, variegated.  
Antonyms: colorless, neutral, monochromatic, achromatic, blank, pale, pallid, faded, faint, sallow, wan, cadaverous, ghostly, ashen, gray, dim, dismal, dark, black, dull, dying, dead.
2. dry - arid, dried, parched, desert-like, dehydrated, anhydrous, desiccated, barren.  
Antonyms: wet, moist, humid, damp, dank, drenched, dripping, soaked, soggy, watery, liquid, saturated, flooded, drowning, inundated.
3. expert - master, masterful, ace, top, adept, excellent, superb, accomplished, virtuoso, crack, wizard, all star, champion, connoisseur.  
Antonyms: incompetent, amateur, novice, tyro, bungling, so-so, mediocre, incapable, unskilled.
4. forgive - pardon, overlook, condone, excuse, absolve, indulge, reprieve.  
Antonyms: retaliate, avenge, strike back, requite, pay back.
5. frequent - common, often, many, everyday, constant, continual, regular, steady.  
Antonyms: infrequent, rare, seldom, occasional, uncommon, sporadic, unusual.
6. spacious - roomy, vast, uncrowded, enormous, expansive, open, cavernous, capacious, big, wide, large, immense, huge.  
Antonyms: crowded, narrow, cramped, packed, tight, small.
7. suave - polished, smooth, refined, urbane, gracious, sophisticated, cool.  
Antonyms: clumsy, awkward, unpolished, unrefined, rude, awkward.
8. sublime - superb, magnificent, inspiring, impressive, exalted, elevated, lofty, noble, glorious.  
Antonyms: awful, incompetent, mediocre, ordinary, fair, poor, uninspiring, lackluster, inferior.

## NOTED &amp; QUOTED

A free lunch is only found in mousetraps.

- John Capozzi, U.S. politician

Oh, what a tangled web do parents weave, when they think that their children are naive.

- Ogden Nash, (1902 - 1971). U.S. poet, "Baby, What Makes the Sky Blue?" (1940)

The wise man knows how to run his life so that contemplation is possible.

- Gabriel Marcel, (1889 - 1973), French philosopher, playwright, music critic, drama critic

There is one art of which man should be master, the art of reflection.

- Samuel Taylor Coleridge, (1772 - 1834), poet

Facts are stubborn, but statistics are pliable.

- Mark Twain, (1835 - 1910)

Fishing seems to be the favorite form of loafing.

- Edgar Watson Howe, (1853 - 1937), U.S. novelist, editor

Soon after I embraced the sport of angling I became convinced that I should never be able to enjoy it if I had to rely on the cooperation of the fish. - Sparse Grey Hackle (Pseudonym of Alfred W. Miller) (1892 - 1983), U.S. journalist and author of fishing books, *Fishless Days*, *Angling Nights* (1971)

I still don't know why I fish or why other men fish, except we like it and it makes us think and feel.

- Roderick L. Haig-Brown, (1908 - 1976), Canadian conservationist and writer, *A River Never Sleeps* (1946)

Our greatest responsibility is to be good ancestors. - Jonas Salk, (1914 - 1995), U.S. microbiologist

It is well said, there is nothing wrong in change if it is in the right direction.

-Winston Churchill, (1874 - 1965)

All fiction may be autobiography, but all autobiography is of course fiction.

- Shirley Abbott, (1934 - ), U.S. magazine editor, writer

The great challenge of adulthood is holding on to your idealism after you lose your innocence.

- Bruce Springsteen, (1949 - ), U.S. singer, songwriter, guitarist

Forecasts may tell you a great deal about the forecaster; they tell you nothing about the future.

- Warren Buffett, (1930 - )

I was pretty young when I figured out that tying shoes could waste up to three years of my life, so I don't wear shoes that have laces. You have to study things carefully and be efficient.

- Ted Turner, (1938 - ), U.S. businessman

Be yourself; everyone else is already taken.

- Oscar Wilde, (1856 - 1900)

We are not looking for endless variety, we are looking for fashion.

- Diana Vreeland, (1903 - 1989), U.S. fashion columnist, editor

Inspiration exists, but it has to find us working.

- Pablo Picasso, (1881 - 1973)

You are young, and honor rides with you, but honor is important only when dealing with honorable men.

- Louis L'Amour, (1908 - 1988), *The Walking Drum* (1984)

One of the definitions of sanity is the ability to tell real from unreal. Soon we'll need a new definition.

- Alvin Toffler, (1928 - ), U.S. futurist, writer

I always listen for what I can leave out.

- Miles Davis, (1926 - 1991), U.S. jazz musician

Delay is the deadliest form of denial.

- Cyril Northcote Parkinson, (1909 - 1993), British historian, author, *The Law of Delay* (1970)

Inside my empty bottle I was constructing a lighthouse while all the others were making ships.

- Charles Simic, (1938 - ), U.S. poet

That was the thing about pictures - they were worth a thousand words, but sometimes they weren't the right ones.

- Melissa de la Cruz, (1971 - ), U.S. novelist

I get energy from one-on-one conversations most often, and I lose energy from group conversations most often.

- Reid Hoffman, (1967 - ), U.S. entrepreneur, venture capitalist, author, co-founder of LinkedIn

In a world without future, each moment is the end of the world.

- Alan Paige Lightman, (1948 - ), U.S. physicist, writer, social entrepreneur, professor M.I.T.

The Chronicle is THE OFFICIAL PUBLICATION OF SOUTHERN CONNECTICUT MENSA #066.

The views expressed in this publication are the view of the individual submitting items for publication, and DO NOT represent the opinions of American Mensa, Ltd., the Chapter Executive Committee or the Editor unless so stated in the article. Unless otherwise noted, material is not copyrighted and may be used in other publications; please let us know by sending two copies to the Editor (one copy for the Editor, one copy for the Author).

**MIND GAMES 2013 WINNERS:**

**Kulami.** A tactical marble placement game for 2, where players take turns placing marbles on a configurable board of tiles. The placement of one player’s marble dictates the row or column into which the next marble may be placed. Winning requires domination of the most tiles. It is another simple but clever and well-made game from Fox Mind.

**Suburbia.** Suburbia is a Euro-style tile laying game for up to 4 players who try to build up a suburb that is both sustainable and supportive of growth. Building parks encourages population growth, but factories generate income. By how best to acquire and place tiles, players may develop the most successful infrastructure.

**Kerflip.** There are already so many word games that you might think it could be difficult to come up with a new one. But Damon Tabb did it with Kerflip, and it proved to be a winner. A handful of tiles are tossed onto the board, and the sooner a player uses as many letters as possible, the more they win. More fun than you might think!

**Ghoost.** This is basically a crazy 8 type game but with a more sophisticated mechanic and well-designed cards.

**Forbidden Desert.** This game is related to a prior-year winner, Forbidden Island. It is a cooperative game, meaning 2 to 5 players work together and try and beat the game.

**MENSA MIND GAMES 2014**

Austin is the host with the most! Game on! Mind Games(r) 2014 will be held April 18-20 in the Texas capital

**CHANGE OF ADDRESS**

To change your address on the web, login at <https://www.us.mensa.org/> and click on the Edit Profile link.

Please allow four weeks for the change in MENSА Bulletin (the National Magazine) delivery, and eight weeks for the Chronicle Remember to give your membership number to facilitate this process (This number appears on your membership card and labels affixed to the Chronicle and MENSА Bulletin.) Member Number:

Name: \_\_\_\_\_

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Telephone Number: \_\_\_\_\_

Please send form to:  
 American Mensa, Ltd.  
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 1229 Corporate Dr West  
 Arlington, TX 76006-6103

**SOUTHERN CT MENSA TREASURY**

**Fiscal Year:**

**April 1, 2013 - March 31, 2014**

**Opening balance** at 4/1/13                      \$11,753.08

**INCOME**

American Mensa  
 Local Group Support Funds:            \$1,521.32  
**Total Income**                                      **\$1,521.32**

**EXPENSES**

Chronicle Printing Expenses:            \$120.17  
 Chronicle Postage & Supplies:            64.40  
 Testing Expenses:                              265.07  
 Domain Name:                                    180.30  
 CultureQuest, MeetUp dues:              188.00  
**TOTAL EXPENSES:**                              **\$817.94**

**2nd Quarter Balance 9-30-13**            **\$12,456.46**

## ADVERTISEMENTS

**Advertising Rates** Short classified ads free to Mensa members and subscribers, \$2.00 per month and \$20.00 per year for others Send copy to the editor Display ads: Full page, \$50; half page, \$30; quarter page or business card, \$15 Discounts: 10% for three issues, 20% for six issues, 30% for 12 issues All ads must be paid in advance, checks payable to Southern Connecticut Mensa.

**The Baby Bomber Chronicles** by Bob Liftig. Here are the secrets about the 1960's no one ever told you. This is what happened when the "perfect" Baby Boom generation and the "best country in the world" lost all self control and began to hate each other. Sex! Drugs! Rock and Roll! Hippies and American heroes! What was it like to be an "average" guy or girl caught in the middle of this free for all- You'll laugh the bells off your vintage bell bottoms! Then ask Mom or Dad (or grandpa) what they were doing. Available now from AuthorHouse [www.authorhouse.com](http://www.authorhouse.com) (888) 280 - 7715. Order this title through your local book-seller or preferred on-line retailer. 978-1-4389-0897-7 (SCISBN)

### Larsen Toy Labs

(Westport, CT) at <http://larsentoylab.com/> to see educational and creative gifts. You can get a 25% discount when you make a donation of blocks to a nursery or elementary school or children's charity.

For ideas, go to [www.Adoptaclassroom.org](http://www.Adoptaclassroom.org) or [www.schooldigger.com/go/CT/schoolrank.aspx](http://www.schooldigger.com/go/CT/schoolrank.aspx).

Then use code DONATE25 at the Larsen Toy Labs checkout to get your 25% discount.

"Bridgeport - Tales from the Park City" by Eric Lehman, is available at [www.history-press.net](http://www.history-press.net) or [www.amazon.com](http://www.amazon.com). Paperback.

### Holistic Kidney

Check out the Holistic Kidney website online. <http://www.holistic-kidney.com/articles.html> My first article is an interview with the author of How I Avoided Dialysis and You Can Too! Dr. Jenna Henderson Holistic Kidney A Safe, Natural Approach for all stages of Kidney Disease

### Ben Behind His Voices

One Family's Journey from the Chaos of Schizophrenia to Hope by Randy Kaye The gripping story of one family's experience when its firstborn, a brilliant young man named Ben, is gradually struck down by schizophrenia – and the lessons that help the family participate lovingly in Ben's eventual steps to recovery. Rowman & Littlefield, Publishers. <http://books.randyekaye.com/writing.php> or [www.amazon.com](http://www.amazon.com).

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