

SOUTHERN CONNECTICUT MENSA CHRONICLE

If you or someone you know would like to be a speaker at our monthly dinner, please contact Jim Mizera at 203-522-1959 or Jmizera@hotmail.com. The dinner is held the third Saturday of the month.



MEMBERSHIP RENEWAL: If you have an annual Mensa membership, your membership will be expiring at the end of April. You should have received a renewal notice in the mail in January. You can return that form or visit www.us.mensa.org to renew.

ARCHIVED COPIES OF THE CHRONICLE

going back to 2000 are available on the Internet at <http://scm66.org> (Note: this is a new URL). You can download the latest e-mail version of the Chronicle there, as well as previous issues. All issues are in read-only Adobe Acrobat format so there is no chance of viruses accompanying the files.

TABLE OF CONTENTS

- 2 Schedule of Southern Connecticut Mensa Events
 - Schedule of Connecticut and
 - Western Mass Mensa Events
 - Happy Hours & Get Together's
- 5 From Regional Vice Chair
- 6 January Dinner
- 7 Sudokugram
- 8 Good Wine Cheap
- 9 Puzzles & Answers
- 10 Word Check
- 11 Noted and Quoted
- 13 Chapter Notes
 - Member Advertisements
 - Change of Address Form
- 14 List of Officers



ATTENTION SOUTHERN CT MENSANS: *The Southern CT Mensa Executive Committee needs three members to assume the open positions of President, Secretary and Treasurer. We also need a Proctor, who administers admissions tests to local candidates for Mensa. This is your chance to put ideas that can help our local chapter into action. Please notify one of the current board members to volunteer for these positions.*

SCHEDULE OF CHAPTER EVENTS - FEBRUARY

Thursday, February 19, 6:30
Southern CT Mensa Billiards Event
 Come and join So. CT Mensa billiard enthusiasts for an evening of billiards, conversation and food. The "Pool Party" this month will be held at ON CUE BILLIARDS, 50 W. Washington St., SOUTH NORWALK, CT.

The pool hall is in the basement at the far inner corner of the 50 Washington Street office building. Easy access via either I-95 (Exit 15) or the Merritt (via the Route 7 Extension). The parking lot costs \$2 to park in, through 10:30pm - then the rate goes to \$5. There is nearby street park-

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ing if you don't mind walking a bit. On Cue Billiards Web Site:
<http://www.oncuebilliardsandmusic.com> Google Maps link: <http://tinyurl.com/2tfunq>. Questions? Contact Tom O'Neill, doctec2@gmail.com.

Saturday, February 28, 6:30
Monthly Dinner
 Local Mensan Ilan Woll will speak on "THE BEST WEBSITES YOU'VE NEVER HEARD OF" TONELLI'S RESTAURANT, 41 Grassy Plain St., Bethel, CT 06801. Dress is casual. Before the presentation, we will enjoy dinner. Choose what you like from the menu; restaurant adds tip onto the bill. You can bring a donation of money or food to benefit the Connecticut Food Bank. Contact Jim Mizera, jmizera@hotmail.com, 203-522-1959, for information and reservations. Guests are welcome. Restaurant review: <http://acorn-online.net/acorn-online/bestbets/bbets05-04-21.htm>. If you have suggestions for other places we can meet or how we can run our dinners better, please contact chapter President Rick D'Amico at usamarbiol@aol.com. "You can download a summary of the talk Ilan gave last year on Improving Your PC's Performance (Windows XP cleanup, Optimization, and Tuning) at http://scm66.org/articles/scm_xp_01.html.

FROM STAMFORD:
 1. Take I-95. Merge onto US-7 Connector NORTH via EXIT 15 toward NORWALK. 2. Take US-7 Connector to MAIN AVE / US-7. Continue to follow US-7 North about 2 miles. 3. Turn LEFT onto US-7 / CT-33 / WESTPORT RD & continue to follow US-7 about 5.5 miles. 4. Turn RIGHT onto SCHOOL ST / CT-107 / CT-57. Follow CT-107 about 1.5 miles. 5. Turn SLIGHT RIGHT onto REDDING RD / CT-107.

Follow REDDING RD. 5.7 miles. REDDING RD becomes CT-53. Go about 3 miles to the Restaurant, on the left at 41 Grassy Plain St. Bethel, CT 06801-2001 FROM BRIDGEPORT:

1. Take CT-15 SOUTH / MERRITT PKWY Exit 44 toward CT-58 / FAIRFIELD / REDDING.
2. Turn LEFT onto CONGRESS ST.
3. Turn RIGHT onto BLACK ROCK TURNPIKE / CT-58. Follow CT-58 about 15 miles.
4. Turn LEFT onto CT-302 / MILWAUKEE AVE.
5. Turn LEFT onto GREENWOOD AVE / CT-302 and go about 1.5 miles.
6. Turn SLIGHT RIGHT onto GRASSY PLAIN ST / CT-53. Go about .1 miles to the Restaurant, at 41 Grassy Plain St.

FROM HARTFORD & I-84:

1. Take I-84 to Exit 5, the Route 53 exit.
2. Take Route 53 south about 3.3 miles.
3. Tonelli's Restaurant is on the right, shortly before the light and intersection.

CONNECTICUT AND WESTERN MASSACHUSETTS CHAPTER UPCOMING EVENTS

This is not a complete listing WE - Weekly Event, ME - Monthly Event, YE - Yearly Event CT & W. Mass Calendar Editor Gisela Rodriguez, 860-888-9867, email: lilith@beadylittleskies.com.

FEBRUARY

5, 12, 19, 26 Thursdays 7:00 pm

Scrabble

(WE) at Emmanuel Synagogue, 160 Mohegan Drive, West Hartford. Ellen Leonard, 860-667-1966 (Please call first to make sure this is happening today).

6 Friday 5:30 pm

Happy Hour in Wallingford

(ME, 1st Fridays) Ann Polanski (contact her at 203-269-4565 or ann.polanski@rfsworld.com) hosts us upstairs at George's II Restaurant, 950

Yale Avenue, Wallingford, CT 06492 Phone: 203-269-1059. Directions: Exit 66 off Wilbur Cross Parkway. Turn left (south) onto Rte 5. Take first left that's not a highway entrance onto Yale Ave. George's II is in the Yale Plaza on the right.

11 Wednesday 5:30 pm

Happy Hour in Branford

(ME, 2nd Wed) Donovan's Reef 1212 Main Street, Branford Conn. 06405. The Donovan's Reef <http://donovans-reef.com> web site has a small map, and here are some directions with distances - from I-95 take exit 54/Cedar Street. Go south on Cedar Street crossing Rt. 1/Boston Post Road for about 0.5 mi. to Rose Street. Take a left on Rose and go 0.25 mi. to a driveway on the right which has a low sign that says "1188 - 1238" where you will enter a parking lot for a number of businesses in a complex known as Lockworks Square. Drive part way through the lot and look for Donovan's Reef on the left. Locals can also enter Lockworks Square from the Ivy Street side just off of Main Street where Shoreline Foods faces Ivy. The lounge is on the left inside. I'll see about a table reservation and will likely have an "M" sign visible. We start around 6. I'm told there is some sort of daily bar goodie along with any menu items that you may want to order. Donovan's phone number is 203-488-5573. Questions? Contact Joe Wonowski at 203-785-2998 weekdays, and 203-457-9770 evenings. Hope to see you there!

13 Friday 6:30 pm

Diner Dinner

(semimonthly, 2nd and 4th Fridays) at Olympia Diner, Rte 5, Newington, just north of the Berlin town line and North East Utilities. Menu ranges from toasted cheese sandwich to steak and fish dinners. Basic bar menu available, no happy hour prices, but the food is good and very reasonable. Questions? For info, contact Howard Brender at 860-635-5673 or howiebren@aol.com Subject: Diner Dinner

19 Thursday 6:30 pm

Pioneer Valley Dinner

(ME, 3rd Thursday)) at Mama Iguana's, on Main Street in Northampton, MA. Questions? Ian Fraser ianfraser@usa.net

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22 Sunday 5:15 pm

Theatre: PRIVATE LIVES

Noel Coward's comedy about four hilariously mismatched lovers vacationing on the French Riviera. Presented by the Repertory Theatre of New Britain , 23 Norden St . Call the theatre directly for tickets and/or directions ^ 860-223-3147. \$15 seniors, \$18 regular. www.nbrep.org The group usually meet for a late lunch / afternoon dinner before the show, so do let Barb know if you are planning to come. Contact Barb Holstein at 860-632-7873 or BarbCPA@att.net

27 Friday 5:00 pm

Happy Hour

(ME, 4th Friday) Colonial Tymes, 2389 Dixwell Ave, Hamden. Located about 1/2 mile north of Exit 60, Wilbur Cross Parkway. We are now reserving the middle tables on the left as you walk in the bar. Dinner is a possibility if enough people are interested. Come on down and join us this month, we'd love to see ya. Contact Gail Trowbridge

27 Friday 6:30 pm

Diner Dinner

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REGIONAL GATHERINGS

NEW HAMPSHIRE Mensa RG 2009

February 13th - 15th

Great Crockpot cook-off returns! Magical Ice Cream Sodas! Witch's Brew! Sweetheart Chocolate Feast! Pete, the Bartender! And much more!

LOCATION: Radisson Nashua (formerly the Sheraton Tara)
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Single/Double (adults) \$99.00 Triple/Quad (adults) \$109.00

Make your hotel reservations early (you can always cancel if necessary.) The hotel has a busy weekend, with another group in that same weekend. Without a reservation you may be locked out of our special rate, or may not be able to get a room at all!

For more info call Deb Stone @ (603) 856-7055 or Holly Green @ (603) 428-7267

NAME(s) _____
ADDRESS _____
TELEPHONE _____
E-MAIL _____

Registrar:
Deb Stone
6 Fox Meadow Drive
Bow, NH 03304, (603) 856-7055,
nhrg@stonesrealm.com

REGISTRATION:
\$60 until 11/15/2008, \$65 until 01/15/2009, \$75 thereafter and at the door

8-17 years old, \$15 less than standard adult rate, 18-20 years old \$10 less than standard adult rate. Children under 8, free. Day rates available (please contact registrar.)

of registrations: Adult _____ 18-20 yrs _____
8-17 yrs _____ <8 yrs _____

Make checks payable to NH Mensa - RG.
Or MC/Visa # _____
Exp Date _____

FROM THE REGIONAL VICE CHAIRMAN

LORI NORRIS

RVCHAT

Happy February: Groundhog Day, Valentine's Day, Presidents' Day, spring break and snow, snow and more snow! And of course, the New Hampshire Regional Gathering is being held on Friday, February 13 through Sunday, February 15. New Hampshire throws a heck of a party and I hope to see you there. Check out their website for more information.

On the 2008 Mensa Testing Day in October, 1,272 people tested nationally. Three Region 1 groups were in the top 20 groups with the highest number of prospects tested. Congratulations Greater New York Mensa (#2), Connecticut/Western Mass Mensa (#9), New Hampshire/Maine Mensa (#15), and Boston Mensa (#17). Thanks to all the volunteers who made Testing Day a success across the region.

Know any friends, co-workers, relatives or complete strangers who are interested in qualifying for Mensa through prior evidence review? Mensa is rolling back the prior evidence fee from \$40 to \$25, from now until June 30, 2009. To see a partial list of accepted scores, please go to www.us.mensa.org/scores.

CultureQuest® XX is approaching. The 2009 CultureQuest® will take place on Sunday, April 19th. Check out American Mensa's website (<http://www.us.mensa.org>) for rules and registration forms. Registrations can be made until March 31, 2009. Maybe your local group can make it to the Top 20 and win money for your chapter. On April 19th, Mensan teams of up to five members gather across the U.S. and Canada for this 90-minute event testing cultural literacy, with questions ranging from film to politics, from literature to geography, music and history.

Plan ahead - Mind Games® will be held in Fort Mitchell, Kentucky, the weekend of April 24 through 26. Ron and I attended Mind Games in 2007 when it was held in Pittsburgh. We had such a good time. That year Mensans tested 59 games, if I recollect clearly. We were required to play 30 of those games during the weekend and some of the other ones looked good so we played them as well. I don't think I've ever been in more intense games. If you're into board games, especially trying new ones, check this out on the American Mensa website or ask me for more details.

Have you registered for the Pittsburgh AG yet? While the primary hotel is filling up fast, the overflow hotel is less than a ten-minute walk away.

- Lori



JANUARY DINNER

A LOOK AT NORTH KOREA

The Southern CT Mensa year got off to a good start as nearly two-dozen people turned out for our January dinner. Undoubtedly, the speaker and topic were a big draw. Jerry Brooker, a chapter member, poet, novelist, and world-traveler, was on hand to talk about a country that is much in the news but one that few foreigners visit - North Korea.

Jerry got his opportunity to visit this normally off-limits country six months ago when North Korea opened up a window for American travelers. He and thirteen others with the tour group Global Exchange (San Francisco) signed up for a citizen-diplomacy trip to the Hermit Kingdom. Because of travel restrictions, they could not fly directly to North Korea, and instead flew into South Korea, then to China, and from there to their destination.

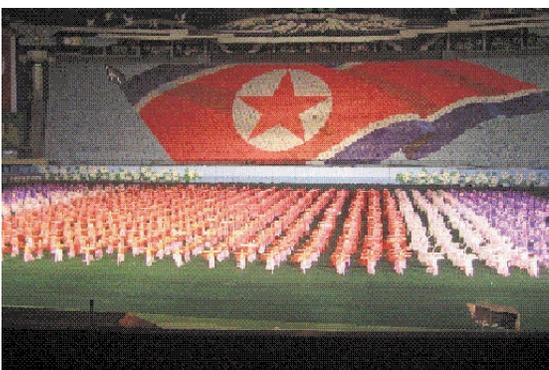
The tour started out in confusion because at the last moment the North Korean government informed Global Exchange that it would not be a citizen diplomacy trip but a restricted state-guided tour, with the government deciding what places the group would visit and only allowing picture-taking when and where permitted. Jerry and the members of his group questioned the North Korean guide about the restrictions but got little answer except, "That is way it is." Despite the limitations, Jerry did manage to speak to a couple of ordinary North Korean citizens privately and exchanged some kind words.

The restrictions were part of what Jerry called a "paranoid" North Korean policy dictated by the state, and in particular by the head of the

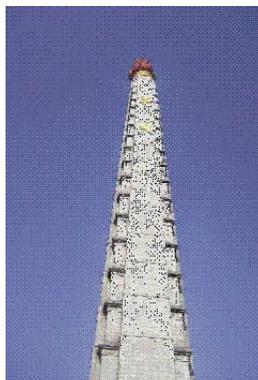
state, Kim Jong-il, known officially as "the Great Leader." Kim Jong is the son of Kim Il-Sung, "the Eternal Leader," who ruled North Korea until his death in 1994. In every public place, there were several large pictures of Kim Jong-il helping people. Every institution honored him or his father. The tour took the group to the Kim Il-Sung's birthplace - a thatched roof house emphasizing his reputed rise from humble origins. The Arirang Mass Games, which were part of the country's commemoration of its 66th anniversary, celebrated Kim Jong in the stadium named Kim-Il Song Stadium. The school Jerry visited put on a special concert honoring the Great Leader. But despite this official veneration of Kim Jong-il, the tour guides would not answer any questions about him, rebuking all the inquiries Jerry and others made.

Someone asked about religion in North Korea. Jerry said that although he visited a state-sponsored Buddhist temple, which was very decorative, there was no sign of the free practice of religion. North Korea is officially atheist, but Jerry felt that the virtual deification of Kim Jong-il was the real state religion, one he likened to emperor worship.

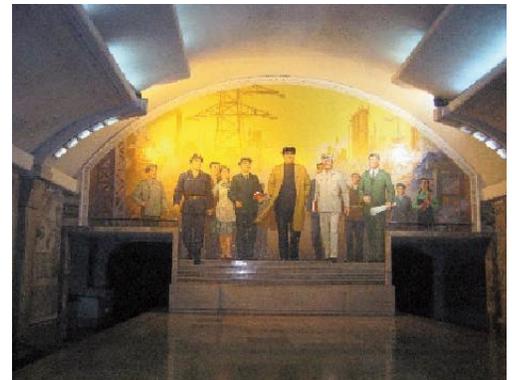
The North Korean government propagates the philosophy of the late Kim Il-sung called Juche - national self-reliance. As such it does not trade much with the rest of the world, except for a few Communist or former Communist nations and rogue states. Jerry showed us a photo of the Juche Tower, a landmark of the capital city Pyongyang, a monument to the founder's philosophy.



Mass Games



Juche Tower



Metro System

Jerry called the difference between North Korea and South Korea the difference between "black and white." But despite the rigidity of North Korean life, Jerry did find some beauty there. As in many Communist states he has visited, the subway Metro System had very artistic mosaics, which we saw photos of. He called the hotel they stayed in "a beautiful four-star hotel, comparable to the best international ones." He also found Pyongyang a very nice city, with many women dressed in bright, traditional Korean costume. Probably the most colorful scene was the Arirang Mass Games, with 100,000 gymnasts and performers putting on an intricately-coordinated spectacle exalting Juche.

There were several other sites that Jerry visited and showed us photos of, including the National Liberation Museum, the International Friendship

Center, and the Pueblo Museum in the city of Nam Pho, where the American naval intelligence ship, the U.S.S. Pueblo, which was captured in an international dispute in 1968, is on display.

The night before they left North Korea, the members of the tour group had their digital cameras checked. The North Korean security officers deleted some of the photos. Jerry was able to clear up one misunderstanding caused by mistranslation. With that, he and the others left perhaps the most closed society on earth.

We closed the evening with a raffle to give away a copy of Jerry's latest book, his Holocaust novel *The Illustrator*. Jerry said that he has a contract for another novel, which he will be working on this year. You can check out his novels and books of poetry at Amazon, Barnes & Noble, Borders, and Target.

SUDOKUGRAMS by official American Mensa Puzzle Book authors Alan Stillson and Frank Longo

Logic and Language Linked! A sudoku variation that truly combines logic and wordplay.

The rules of Sudokugrams (see <http://sudokugrams.com> for more details and sample puzzles) in a nutshell:

1. Fill in the empty squares with the letters in the Letter Pool, using each letter only once.
2. Make sure there are no repeating letters in any of the rows, columns, or heavily outlined 2 x 2 boxes.
3. Form twelve different sets of four letters in the rows, columns, and 2 x 2 boxes so that each set can be anagrammed (unscrambled) into a common, clean, non-capitalized word.

X			
		F	S
E		A	
	S		O

Letter pool: MENTALITY

Answer on page 12

If you wish to comment on articles or submit material, please write or e-mail Jim Mizera at PMB #181, 7365 Main St., Stratford, CT. 06614-1300, Jmizera@hotmail.com. E-mail submissions are preferred. Please include your name, address, and e-mail address or telephone number. Anonymous material will be rejected, although names will be withheld on request. Items will be returned if accompanied by a self-addressed, stamped envelope. Currently, the deadline for postal submissions is the 15th of the month preceding publication, and the 20th of the month for e-mail submissions.

NEXT MONTH'S DINNER: On February 28, we will have Southern CT Mensa member Ilan Woll as speaker, and his topic will be "THE BEST WEBSITES YOU'VE NEVER HEARD OF." Please note that it will be the fourth Saturday of the month rather than the normal third Saturday.

GOOD WINE CHEAP

(and good food to go with it)

by John Grover

This month's column is a testament to the wisdom of always being on the lookout for good recipes. I tend to flip through the magazine supplements to the Sunday newspaper very quickly. But, the picture of this very colorful pasta dish caught my eye. A variety of white wines will match nicely with this recipe, including Sauvignon Blanc, Pinot Grigio or Albarino.

The wine we picked was a 2007 Dry Chenin Blanc from Dry Creek Vineyards of California. The Chenin Blanc grape is used to produce the great white wines of the Loire Valley of France. The aroma of this wine notes of melon, peach, and lemon peel. Sipping it, you taste a crisp acidity balanced with juicy tropical fruit flavors and floral notes. It finishes with a wonderful intensity and flavor. Chenin Blanc matches well with seafood or spicy Asian dishes. This wine is an outstanding value; I have found it locally for about \$9 to \$11 a bottle.

John Grover is a member of Mensa of Northeastern New York. He lives with his wife Sharon in the Hudson Valley of New York. He hopes that you will contact him with your comments and favorite wines at grover@berk.com.



SPAGHETTI AL MEZZOGIORNO

(Adapted from the Hometown Recipes segment of American Profile magazine and contributed by Anthony Massaro of Monroeville, PA)

Ingredients:

- 8 ounces uncooked spaghetti, broken in half
- 1/4 cup olive oil
- 1 medium green bell pepper, cut into very thin strips
- 1 medium red bell pepper, cut into very thin strips
- 5 garlic cloves, minced
- 1 (2-ounce) can anchovies, drained, optional (see tuna adaptation below)
- 1/4 cup chopped parsley
- 1/2 cup fruity white wine (Muscat, Sauvignon Blanc or Chenin Blanc)
- 4 tablespoons grated Romano or Parmesan cheese

1. Heat olive oil in a large skillet over medium heat. Add bell peppers and cook until very tender, about 15 minutes. Add garlic and anchovies, if using, and cook 30 seconds. Add parsley and wine; remove from heat.

2. At the same time, cook pasta according to package directions. Drain and place in a pasta bowl.

3. Spoon 3/4 cup of sauce over pasta and toss to blend. Place remaining sauce in a bowl to pass at the table with cheese. Mr. Massaro says that this recipe will serve 6; but I don't think that it would survive past 3 or 4 eaters like me.

Cooking Tips: We changed this recipe to a main course dish by substituting two 6 oz. cans of tuna for the anchovies. The tuna was added after letting the garlic cook a bit; and, then left over heat for another minute in order to bring everything back up to temperature. For more or thinner sauce, reserve 1/2 cup of the pasta cooking liquid to add to the sauce at the end of the cooking time. Serve with a crusty French or Italian bread.

PUZZLES & QUESTIONS

(Answers may be in next month's Chronicle.)

1. Do stop signs improve traffic safety or hinder it? Are they better than yield signs?
2. What percentage of the population in India speaks Hindi?
3. Which novelists never wrote a bad sentence?
4. How many vegetables are there?
5. What techniques do people use to stick to resolutions?
6. What is the distance from Anchorage, Alaska, to Honolulu, Hawaii?
7. Name as many sandwiches as you can.
8. What percentage of the water on earth is fresh water?
9. Who were the greatest theater critics?
10. How many soldiers fought in World War I? How many of them died in that war?

ANSWERS TO LAST MONTH'S PUZZLES:

1. How many Gypsies are there in the world?

A: There is no official count of how many Gypsies there are. The Romani, an Indo-Aryan people of Europe, are called Gypsies, although some other ethnic groups are sometimes labeled with that name. More than two million people speak the Romani language, but the number of Romani in Europe and Asia Minor is at least four million. The Council of Europe estimates there are 9.8 million gypsies. However, there may be several million more Gypsies may live in the Middle East and in North And South America.

3. How long is a nautical mile?

A: A nautical mile is 6,076.1 feet (1.1508 miles). In metric measure, it is 1.8520 km.

5. What is the difference between liquidity and solvency?

A: Solvency is the ability of a company to pay its debts with available cash, or the ability of a corporation to meet its fixed expenses and to grow in the long term. The liquidity of a firm is very similar. It is a company's ability to meet its obligations when they are due.

WORD CHECK

English has borrowed many words and phrases from Latin. Check your vocabulary knowledge by giving the definition of each Latin word or phrase listed. Answers are below.

1. amour proper	(ah MOOR PRA pr)	self-esteem; self-love; vanity.	1. amour proper
2. apercu	(AH per SU)	A. a discerning perception, an insight. B. a short outline or summary.	2. apercu
3. au fait	(o FE)	well-informed; sophisticated; expert.	3. au fait
4. beau monde	(bo MOHND)	fashionable society.	4. beau monde
5. belles letters	(bel LET r)	fine literature.	5. belles letters
5. bete noire	(bet NWAHR)	(Lit: black bear); a special aversion, bugbear; an object of dislike.	5. bete noire
6. bon vivant	(bohn be VAHN)	a lover of good living, an epicure; a good companion.	6. bon vivant
7. chef doeuvre	(she DOVR)	a masterpiece.	7. chef doeuvre
8. contretemps	(KON truh tahn)	an unexpected embarrassing event; a hitch.	8. contretemps
9. de rigueur	(de REE GOHR)	indispensable, obligatory.	9. de rigueur
10. de trop	(de TRO)	too much.	10. de trop
11. en fin	(ahn FAN)	finally.	11. en fin
12. mise en scene	(ME zahn SEN)	stage setting.	12. mise en scene
13. qui vive	(bet NWAHR)	A. Who goes there? B. alertness.	13. qui vive
14. recherché	(re sher SHAY)	sought with care; rare.	14. recherché
15. sang froid	(san FRWA)	calmness; indifference.	15. sang froid
16. soi-disant	(SWA dee ZAHN)	self-styled; so-called or pretended.	16. soi-disant

NOTED & QUOTED

I don't need time. What I need is a deadline.
- Duke Ellington, (1899 - 1974), jazz pianist, composer, and conductor

There are only two qualities in the world: efficiency and inefficiency; and only two sorts of people: the efficient and the inefficient.
- George Bernard Shaw, (1856 ^ 1950)

Children aren't happy without something to ignore, And that's what parents were created for.
- Ogden Nash, (1902 ^ 1971), U.S. poet

Education is primarily a means of establishing ideals.
- Calvin Coolidge, (1872 - 1933), *The Classics for America*

Great ideas originate in the muscles.
- Thomas Edison, (1847 ^ 1931)

The essence of a man is found in his faults.
- Francis Picabia, (1879 ^ 1953), French painter

History is the memory of things said and done.
- Carl Becker, (1873 ^ 1945), U.S. historian

Change starts when someone sees the next step.
- William Drayton, (1943 -), U.S. social entrepreneur

Remember, Roman, these will be your arts: to teach the ways of peace to those you conquer, to spare the defeated people and tame the proud.
- Virgil, (70 ^ 19 B.C.E.)

People have one thing in common: they are all different.
- Robert Zend, (1929 ^ 1985), Hungarian-Canadian poet, philosopher

The law speaks too softly to be heard amidst the din of arms.
^ Gaius Marius, (157 ^ 86 B.C.E.), Roman general and consul

The process of living is the process of reacting to stress.
- Stanley J. Sarnoff, (- 1990), U.S. cardiac surgeon, philanthropist

Work is hard. Distractions are plentiful. And time is short.
- Adam Hochschild, (1942 -), U.S. author and journalist

To say that a man is vain means merely that he is pleased with the effect he produces on other people. A conceited man is satisfied with the effect he produces on himself.
- Max Beerbohm, (1872 ^ 1956), English caricaturist and author

There are three kinds of lies: lies, damned lies, and statistics ... and now there are computer models.
- Neil Preston

Give a man a beer and he wastes an hour; teach a man to brew, and he wastes a lifetime.
- MacAlan Thompson

I don't hate my enemies. After all, I made 'em.
- Red Skelton, (1913 - 1997), U.S. comedian

We love flattery, even though we are not deceived by it, because it shows that we are of importance enough to be courted.
- Ralph Waldo Emerson, (1803 - 1882)

An age ends when its metaphor dies.
- Archibald MacLeish, (1892 ^ 1982), U.S. essayist, playwright, and poet

If you want to work on your art, work on your life.
- Anton Chekhov, (1860 - 1904), Russian short-story writer and dramatist

Planning is important, because it prepares your mind to be able to change if your plan doesn't work.
- Niels Malotau, Dutch engineer, consultant, and project coach

A quiet conscience sleeps in thunder.
- English proverb

The voice of conscience is so delicate that it is easy to stifle it; but it is also so clear that it is impossible to mistake it.
- Madame De Stael, (1766-1817), Franco-Swiss writer

Life is very interesting, if you make mistakes.
- Georges Carpentier, (1894 ^ 1975), French boxer

If you must play, decide on three things at the start: the rules of the game, the stakes, and the quitting time.
- Chinese Proverb

NOTED & QUOTED

Objects we ardently pursue bring little happiness when gained; most of our pleasures come from unexpected sources.

- Herbert Spencer, (1820 ^ 1903), English philosopher

You can out-distance that which is running after you, but not what is running inside you.

- Rwandan Proverb

Good deeds are the best prayer.

- Serbian proverb

The ability to simplify means to eliminate the unnecessary so that the necessary may speak.

- Hans Hofmann, (1880 - 1966), German-American abstract expressionist painter

Grasp the subject, the words will follow.

- Cato the Elder, (234 - 149 B.C.E), statesman, soldier, and writer

Once you hear the details of victory, it is hard to distinguish it from a defeat.

- Jean-Paul Sartre, (1905 - 1980), French writer and philosopher

Take rest; a field that has rested gives a bountiful crop.

- Ovid (43 B.C.E. - 18 AD)

Distrust all in whom the impulse to punish is powerful.

- Friedrich Nietzsche, (1844 ^ 1900)

A man cannot be comfortable without his own approval.

- Mark Twain, (1835 - 1910)

Tears are not arguments.

- Machado de Assis, (1839 - 1908), Brazilian novelist, short-story writer, and poet

I divide all readers into two classes: Those who read to remember and those who read to forget.

- William Lyon Phelps, (1865 ^ 1943), U.S. scholar, author, and critic

I have often reflected upon the new vistas that reading opened to me. I knew right there in prison that reading had changed forever the course of my life. As I see it today, the ability to read awoke in me some long dormant craving to be mentally alive.

- Malcolm X, (1925 ^ 1965)

Sudokogram answer

I	K	E	H
G	N	R	I
J	U	T	S
S	G	O	D

Letter Pool: MENTALITY

Across: AXLE, FIST, MEAN, TOYS

Down: EXIT, TANS, FLAY, SOME

Boxes: TAXI, SELF, NETS, MAYO

Note: Other anagrams like FITS are okay

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